

Cytokines and Kidney Function Biomarkers in *Entamoeba histolytica*-Infected Patients

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Abstract: This study investigates the immune response and kidney function in individuals infected with *Entamoeba histolytica* in Kirkuk, Iraq. Samples were obtained from hospitals and private laboratories between October and December 2024. Among 220 stool samples analyzed for *E. histolytica* cysts and trophozoites, 130 were excluded due to chronic or concurrent infections. The remaining participants were categorized into two groups: 70 infected individuals and 20 healthy controls. Blood samples were assessed for cytokine levels (IL-1 β , IL-8, IFN- γ) and kidney function biomarkers (Creatinine, Urea, BUN). Statistical analysis using SPSS revealed significant elevations ($p \leq 0.05$) in IL-1 β , IL-8, Creatinine, Urea, and BUN levels in infected individuals, suggesting immune activation and potential kidney function impairment. However, no significant differences were noted in IFN- γ levels or the BUN/creatinine ratio. These findings highlight the impact of parasitic infections on immune regulation and kidney health, underscoring the need for improved diagnostic and therapeutic strategies in endemic regions.

1 INTRODUCTION

Entamoeba histolytica, a tissue-invasive protozoan, is considered one of the anaerobic intestinal parasites responsible for approximately 50 million infections worldwide, with a mortality rate exceeding 1,00,000 annually [1]. The parasite invades the intestinal mucosa, causing amoebic colitis and potentially liver abscesses [2]. Amoebic infection is the third leading cause of parasitic-related deaths globally and in Iraq after malaria and schistosomiasis [3]. The infection is widespread in Kirkuk [4] and in developing countries such as Bangladesh, India, tropical African nations, and certain regions of Mexico and Brazil [5]. It is increasingly observed among the populations of both developing and developed countries, including the United States and European nations, due to international travel and migration from endemic areas [6]. Most parasitic infections tend to be asymptomatic. However, common symptoms associated with them include abdominal pain, discomfort, vomiting, and bloody diarrhea [7]. In severe cases, the infection can lead to complications such as gastroenteritis, malnutrition, and malabsorption. Children are more susceptible to intestinal protozoan infections, primarily due to the

poor social and economic conditions of individuals, which is considered the main factor contributing to the spread of intestinal parasites [8]. When *Entamoeba histolytica* infects the host, the parasite binds to the epithelial layer of the colon and the mucosal layer through the secretion of Gal/GalNAc lectin by the parasite's trophozoite cells. After attachment, the parasite begins to degrade the epithelial cells using hydrolytic enzymes and surface proteins, particularly cysteine proteases [9]. This leads to the infection of intestinal cells and the destruction of extracellular matrix components. The parasite enters the initial defence against parasitic conditions, particularly the mucosal gut layer [10]. Interleukin-1 beta (IL-1 β) is a basic inflammatory cytokine that contributes to the regulation of inflammation and immune system responses [11]. A group of stimuli, including lipopolysaccharides (LPS), TNF- α , and other signaling molecules, stimulates activated macrophage cells and various immune cells to produce it [11], [12]. *E. histolytica* leads to amoebiasis diseases, leading the colon epithelial cells to produce IL-8. Amoebic elements and substances released post-cell lysis may facilitate this process by improving the ejection of IL-8 mRNA [12].

The inflammatory reaction and tissue damage in gastrointestinal amoebiasis are mainly started by IL-8, which is vital in drawing neutrophils to the site of disease [13], [14]. Consequently, IL-8 acts an essential part in the pathophysiology of amoebiasis by connecting the virulence of *E. histolytica* with the immune response [15]. The aim of this study was to assess the effect of amino dysentery infection on some immune variables, such as Beta-1 Beta (IL-1 β), Interleukin-8 (IL-8), and Interferon Gamma (IFN- γ). In addition, the study aims to assess the kidney function in individuals with Amoebic infection by measuring the levels of urea, creatinine, urea nitrogen in blood (BUN), and BUN/Creatinine.

2 MATERIALS AND METHODS

2.1 Study Population and Sample Collection

Initial study samples (stool) collected from 220 individuals during the period from October 2024 to December 2024 of both genders (aged 18-65 years) who visited Kirkuk hospitals and private laboratories in Kirkuk.

2.1.1 Inclusion Criteria

The study included 90 participants after excluding 130 cases based on predefined criteria. Inclusion required: (1) signed informed consent, (2) varying gastrointestinal symptoms (diarrhea, abdominal pain, dysentery), and (3) microscopic confirmation of *Entamoeba histolytica* cysts or trophozoites. All demographic and clinical data were meticulously documented before analysis.

2.1.2 Exclusion Criteria

Participants were excluded from the study if any of the following criteria matched:

- 1) Diagnosis of chronic metabolic disorders (diabetes, chronic renal insufficiency).
- 2) The presence of synchronous infection (bacterial, viral, or parasitic confirmed by laboratory tests).
- 3) Using antibiotics or immunosuppressants within 4 weeks before collecting samples.

These criteria aimed to reduce confusing variables in analysis of cytokines and kidney function. The final number of samples suitable for analysis was stabilized to 90 valid samples. Samples are kept in

sterile containers with tightly closed covers to maintain the safety of the sample and maintain moisture. A medical syringe was used to take 90 samples of blood, which were then placed in the test tubes with gel. After that, Samples were centrifuged at 3000 \times g for 15 min at 4°C (Eppendorf 5804 R, Germany) with a balanced rotor configuration. Serum was aliquoted and stored at -20 °C (Thermo Scientific) for \leq 2 weeks, avoiding freeze-thaw cycles..

2.2 Microscopic Examination

To determine the cystic and trophozoite stages in samples of stool, the samples were examined both directly and through a light microscope. The samples were divided into two groups: 70 samples from parasite-infected patients and 20 samples from healthy individuals. To make sure participant diversity and more accurately reflect the disease's local prevalence in the area, samples were taken from both public hospitals and private laboratories. A wooden stick was used to take a faeces sample, that was then put on a glass slide with a drop of regular saline. After that, a cover slip was set at an angle to keep air bubbles from developing. The microscope was used to examine the slide, first at a small magnification (10X) and then at high magnification. The exact same steps were employed for making a second slide, and one droplet of Lugol iodine stain—which was previously prepared using Luna's method (1968)—was added. This was accomplished through the addition of 10 grammes of iodine crystals after five grammes of potassium iodide had been dissolved in 1000 millilitres of distilled water. After slowly stirring the mixture until it was dissolved, it was filtered and put in sterile, tightly-sealed containers. The *Entamoeba histolytica* (tissue-invasive protozoan) parasite's cyst stage was coloured by the pigment. The samples were taken from several parts of the sample in order to improve the possibility of locating it.

2.3 Laboratory Analyses

2.3.1 Cytokine Measurement (ELISA)

The Enzyme-Linked Immunosorbent Assay (ELISA) method was employed using an ELISA reader and specific kits provided by the Chinese company Sunlong for the serum samples in the study. In this test, specific antibodies targeting key Cytokines (Interleukin-1 beta, Interleukin-8, and Interferon gamma) were used. These antibodies coated the

surface of 96 wells in a microtiter plate, as per the manufacturer's instructions (Sunlong,China). After completing the steps according to the guidelines, the color change was measured using an ELISA reader at a wavelength of 450 nm.

2.3.2 Renal Function Tests

Serum creatinine levels in individuals with infection were measured using the Jaffe Kinetic test (22, 2002). In this method, creatinine in the serum sample reacts with picric acid in an alkaline solution (alkaline picrate) from the reagent, resulting in the formation of an orange-colored complex. The amount of creatinine in the test samples was calculated based on the intensity of the color developed over a fixed period. The color intensity was measured using the fully automated Cobas C311 analyzer to detect creatinine levels in serum [16], [17]. The urea levels in the serum were analyzed using urease to produce ammonium and carbonate. Subsequently, L-glutamate was generated through reactions between ammonium and 2-oxoglutarate in the presence of glutamate dehydrogenase and the coenzyme NADH. During this reaction, 2 moles of NADH were oxidized to NAD⁺ for each mole of urea hydrolyzed. The rate of decrease in NADH concentration was directly proportional to the urea concentration in the serum sample, which was determined photometrically using the fully automated Cobas C311 analyzer [16], [17]. The blood urea nitrogen (BUN) was calculated according to the formula provided by [16], as follows:

$$BUN = Urea/2.14.$$

2.4 Statistical Analysis

The results were analyzed statistically by SPSS to determine significant differences between groups using the independent t-test. Subsequently, the magnitude and type of correlation between variables were assessed using the Pearson correlation coefficient [18].

3 RESULTS AND DISCUSSION

3.1 Microscopic Examination

The microscopic examination results in the current study, as shown in Table 1, revealed an infection rate of 31.818% (70 samples) from a total of 220 stool samples examined microscopically. These samples were collected from patients visiting the governmental

Hospital in Kirkuk and private clinics between October 2024 and December 2024.

Table 1: Infection rate with *E.histolytica* by microscopic examination in the study groups.

Microscopic Examination	Positive Samples	Negative Samples
220	70 (31.818%)	150 (68.18%)

The cyst stage is characterized by a round or oval transparent body containing three to four nuclei and a chromatoid body, as shown in Figure 1. The trophozoite stage is characterized by an irregular protoplasmic mass with protrusions extending in all directions. It contains a single nucleus with a central nucleolus that regulates and controls the cell's functions, as shown in Figure 2.

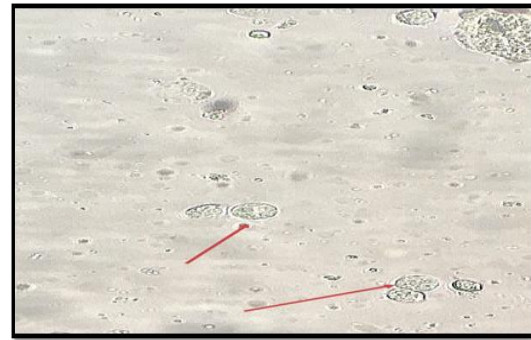


Figure 1: Cyst stage of *Entamoeba histolytica* stained with Lugol's iodine under 40X magnification.

The infection rate of this study was recorded at 30.22%. The findings also agreed with [19] in Dhi Qar, [20] in Kalar, who reported infection rates of 29.9%, 31.6%, respectively. These results are higher than those recorded by [21] in Kirkuk., who reported an infection rate of 27.7%.

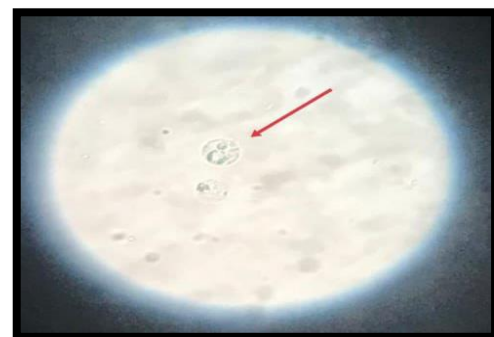


Figure 2: Trophozoite stage of *Entamoeba histolytica* stained with Lugol's iodine under 40X magnification.

3.2. Cytokine Profile

3.2.1 IL-1 β Level

The results presented in Table 2 showed a significant increase ($P \leq 0.05$) in the level of Interleukin 1-beta (IL-1 β) in individuals infected with *Entamoeba histolytica* (18.42 ± 3.98 ng/ml) when compared to healthy or uninfected individuals (14.81 ± 3.61 ng/ml)

Table 2: IL-1 β level in the study groups.

Parameters Groups	Interleukin IL-1 β (ng/ml)	Sig.
Control (Healthy) N =20	14.81 ± 3.61 B	0.012
Patients (Infected) N = 70	18.42 ± 3.98 A	

The results are presented as mean \pm standard deviation, where (N) indicates the sample size. Different letters denote significant differences ($p \leq 0.05$), while similar letters indicate no significant differences.

These results are in agreement with the study by [22], which indicated a significant increase in this variable in infected individuals compared to healthy controls. These results can be explained by the inflammatory response triggered by the invasion of the parasite into body tissues. Inflammatory reactions and tissue damage result from the protozoa's stimulation of the host epithelial cells in order to release pro-inflammatory Cytokines, like interleukin-1 beta (IL-1 β). Additionally, amoebic proteins possess a capacity to induce caspase-1 activity and activate proIL-1 β , the precursor form of IL-1 β , each of which increase inflammation [23]. Numerous vital processes are involved in the creation of amoebic proteins related with the pro-IL-1 β precursor of interleukin-1 beta, To become its active state, pro-IL-1 β must be cleaved by caspases, specifically caspase-1, after being created as a precursor that remains inactive [8]. Multiple triggers, for example pathogen-associated molecular patterns (PAMPs), lack in host cells yet present in specific pathogens, can cause this reaction [24]. In *E. histolytica* sickness, interaction between the amoeba and host immune cells may produce pro-IL-1 β by inflammatory signal pathways [8].

3.2.2 Interferon Gamma Level

There are not any significant variations ($P < 0.05$) in the concentrations of gamma interferon between people infected (123.16 ± 6.32 ng/ml) with the *Entamoeba histolytica* (tissue-invasive protozoan) *E. histolytica*, according to the results shown in Table 3 when compared to healthy or uninfected individuals (128.24 ± 12.26 ng/ml).

Table 3: Interferon Gamma level in the study groups.

Parameters Groups	IFN- γ (ng/ml)	Sig.
Control (Healthy) N =20	128.24 ± 12.26 A	0.58
Patients (Infected) N = 70	123.16 ± 6.32 A	

The results obtained line up with a number of earlier investigations that showed no discernible difference in gamma interferon levels between infected and healthy controls. Moreover, amoebic infections appear to possess no impact on gamma interferon levels. This result is consistent with studies by [11] and [12], in which a group of individuals received a vaccine which contained the parasite's infectious stage. Studies have showed that although individuals produced more gamma interferon in response to the immunisation, there were no significant differences in gamma interferon levels between infected and non-infected individuals. Due of the particular immune system reaction mechanisms involved, amoebic infection may not have a major impact on gamma interferon (IFN- γ) levels. To study, when amoebic proteins occur, phagocytic cells infected with the parasite *Entamoeba histolytica* do not consistently produce more IFN- γ or produce more tumour necrosis factor (TNF- α) than when they are stimulated with lipopolysaccharide (LPS) [25]. There was no statistically significant relation between gamma interferon and interleukin-1 beta ($r = 0.17$, Sig = 0.27), or between gamma interferon and interleukin-8 ($r = 0.14$, Sig = 0.37), . There are many kinds of causes of this, including:

- 1) Temporal Variability: There is a time disparity in the secretion of these Cytokines. Gamma interferon appears early in the course of infection, whereas the interleukins mentioned are typically secreted in the later stages of infection [26]. This temporal difference may prevent a statistical correlation between their levels.

- 2) Sample Size: The small sample size could also reduce the statistical power to detect meaningful correlations, even if they exist.

3.2.3 Interleukin 8 Level

Patients showed significantly higher IL-8 levels (29.65 ± 5.50 ng/ml) compared to healthy controls (23.47 ± 6.12 ng/ml; $p = 0.003$) (see Table 4).

Table 4 Interleukin 8 level in the study groups.

Parameters Groups	Interleukin 8 (ng/ml)	Sig.
Control (Healthy) N = 20	23.47 ± 6.12 B	0.003
Patients (Infected) N = 70	29.65 ± 5.50 A	

These results are consistent with the study by [27], which indicated that interleukin 8 levels are significantly higher in patients compared to healthy individuals. The elevated levels of interleukin 8 (IL-8) in amoebic infections, particularly those caused by *Entamoeba histolytica*, are primarily attributed to the direct stimulation of colonic epithelial cells by the parasite. This stimulation, either by the parasite itself or its components, leads to increased expression of the IL-8 gene in these cells via post-transcriptional mechanisms. Over time, this results in enhanced secretion of IL-8 [28]. Furthermore, the inflammatory response is amplified by Cytokines such as IL-1 β , which activate NF- κ B pathways, promoting IL-8 production and attracting immune cells to the site of infection [29]. The Pearson correlation coefficient indicates a strong positive correlation between interleukin 8 and interleukin 1 beta ($r = 0.998$, $\text{sig} = 0.00$) on one hand, while no statistically significant correlation was observed between interleukin 8 and gamma interferon ($r = 0.14$, $\text{sig} = 0.38$) on the other hand. This finding was explained earlier (in the interpretation of the results for interleukin 1 beta and interferon gamma).

3.3 Renal Function Test

The results presented in Table 5 [25] show a significant increase ($P \leq 0.05$) in the level of urea in individuals infected with the *Entamoeba histolytica* (tissue-invasive protozoan) *E. histolytica* (41.99 ± 3.96) when compared to healthy or uninfected individuals (37.40 ± 4.35). These results are consistent with the study by [25], which indicated a significant increase in urea levels in infected individuals compared to healthy controls.

Table 5: Kidney Function biomarkers levels in study groups.

Group Parameters	Control N = 20	Patients N = 70
Urea (mg/dL)	37.40 ± 4.35 B	41.99 ± 3.96 a
Creatinine (mg/dL)	0.18 ± 0.08 B	1.01 ± 0.16 a
BUN (mg/dl)	80.04 ± 9.30 B	89.86 ± 8.47 a
BUN/Creatinine ratio	20.73 ± 4.57 A	19.70 ± 2.62 a

The elevated urea levels in the blood may be attributed to the breakdown and degradation of proteins due to kidney involvement in the disease, leading to an increase in urea concentration. One explanation for this is that the last product of protein metabolism is urea [9]. These findings are in line with a study by [30], which found that people infected with *E. histolytica* had lower urea levels. The results presented in Table 5 show a significant increase ($P \leq 0.05$) in the creatinine level in individuals infected with the *Entamoeba histolytica* (tissue-invasive protozoan) *E. histolytica* (1.01 ± 0.16) when compared to healthy or uninfected individuals (0.88 ± 0.18).

These results are consistent with the study by (Mohammed et al. 2022). However, this study differs from a study conducted by [31], which reported a slight decrease in creatinine levels in infected individuals [32]. The results presented in Table 5 show a significant increase ($P \leq 0.05$) in the BUN level in individuals infected with the *Entamoeba histolytica* (tissue-invasive protozoan) *E. histolytica* (89.86 ± 8.47) compared to healthy or uninfected individuals (80.04 ± 9.30).

These results are consistent with the study by [32], which indicated an elevation in BUN levels during amoebic dysentery infection. The statistical results analyzed using the SPSS program showed a significant increase ($p \leq 0.05$) in the levels of (IL-1 β), (IL-8), creatinine, urea, and BUN. In contrast, no significant difference was observed in the levels of interferon gamma (IFN- γ) and the BUN/Creatinine ratio between the two groups. Urea levels may also be accompanied by rising IL-1 β levels.

This suggests how the inflammatory response impacts renal function. The kidneys' decreased ability to remove metabolic waste as a result of an increase in inflammatory Cytokines (such IL-1 β) might cause urea to build up in the blood. The correlation results also showed a strong positive correlation ($r = 0.00$)

between the levels of Interleukin-1 β and Interleukin-8 ($r = 0.998$, $\text{sig} = 0.00$).

This can be interpreted by the fact that *Entamoeba histolytica* stimulates the production of Interleukin-8 in colon cells as part of the inflammatory response during infection. At the same time, the presence of Interleukin-1 β enhances the secretion of Interleukin-8, contributing to the inflammatory environment associated with amoebic dysentery [23], [29].

The statistical analysis of the BUN/Creatinine ratio values showed no significant differences between the patient group (20.73 ± 4.57) when compared to the control group (19.70 ± 2.62). The BUN/Creatinine ratio is an important indicator for assessing kidney function, with normal values typically ranging from 10:1 to 20:1. However, in the case of amoebic infection, no specific or well-documented ratios exist. According to prior studies, modifications to this ratio could be a symptom of underlying medical disorders such as dehydration or cut kidney function, each of which can be greatly impacted by severe amoebic infections [33].

IL-1 β and creatinine indicate a slight positive correlation of roughly 0.45. Putting it another way, there may be a relationship between high IL-1 β and creatinine levels. The inflammatory impact of the amoeba parasite on renal function may account for this. The infection's immunological and inflammatory effects can make it harder for the kidneys to remove waste. IL-1 β and urea share an a little positive link, with a correlation value of 0.38. While urea and IL-1 β have a fairly beneficial relationship, rising blood

A Pearson correlation value of 0.51 shows a substantial connection between IL-1 β and BUN. Given the strong positive relationship between blood urea nitrogen (BUN) and IL-1 β , it is possible that elevated BUN levels are linked to raised IL-1 β levels. This result indicates that a decrease in kidney function may be associated to the inflammatory response triggered by the amoeba parasite. BUN levels can rise as a result of acute inflammation brought on by high IL-1 β levels that impair the kidneys' ability to clear out waste.

The inflammatory response carried on by the amoeba infection may affect renal function, as indicated by the moderate major positive correlations observed between IL-1 β , creatinine, urea, and BUN. High levels of IL-1 β are probably causing inflammation in the kidneys, leading to decreases in their capacity to filter waste and raising blood levels of creatinine, urea, and BUN.

4 CONCLUSIONS

Statistical analysis using SPSS revealed significant elevations ($p \leq 0.05$) in IL-1 β , IL-8, Creatinine, Urea, and BUN levels in infected individuals, suggesting immune activation and potential kidney function impairment. However, no significant differences were noted in IFN- γ levels or the BUN/creatinine ratio. Given there were notable increases in interleukin 1 beta and interleukin 8 levels, which indicate the activation of the inflammatory response, we reach our conclusion that individuals infected with the *Entamoeba histolytica* (tissue-invasive protozoan) have an exaggerated immune response. Significant rises in creatinine and urea levels additionally show the infection's detrimental effects on renal function. However, there were no appreciable variations in the BUN/Creatinine ratio or gamma interferon levels between infected and healthy people. These findings emphasise how crucial it is to assess organ function indicators and immunological markers when trying to create efficient diagnosis and treatment plans.

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